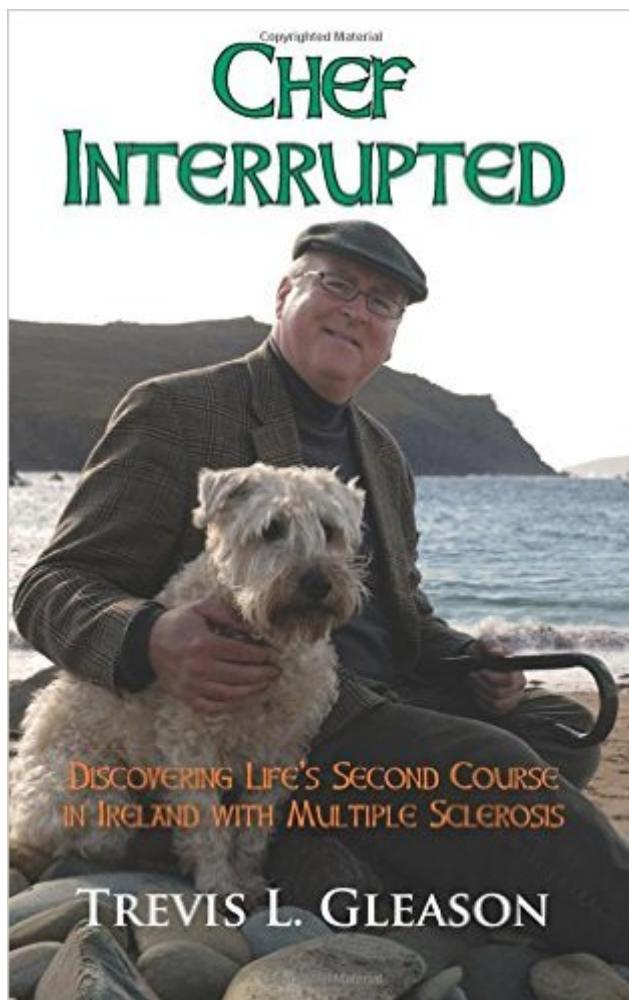


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# Chef Interrupted: Discovering Life's Second Course In Ireland With Multiple Sclerosis



## **Synopsis**

When Trevis Gleason, a former chef at the top of his professional culinary career, was diagnosed with multiple sclerosis, he lost everything his job, his marriage, even his perceived persona. Surveying the ruins of his former life, he saw an opportunity to fulfill a long-postponed dream. He would travel from Seattle, Washington, to the wilds of west Kerry, Ireland for the winter. Renting a rustic cottage in The Town, Trevis braved narrow, sheep-obstructed roads and antiquated heating systems to learn that his life, his loves (including cooking), and even his dreams weren't lost, just waiting to be rediscovered in this magical place. He acquired a charming puppy named Sadie, who grounded his days and served as a devoted companion as he surmounted inevitable physical setbacks and cultural challenges. All the while, he entertained a steady stream of visiting friends and relatives, including his former wife. The Town's colorful characters welcomed the American stranger as one of their own, and he soon found himself reveling in the beauty of the rugged countryside, the authentic joy of the holidays, the conviviality of the pubs, and the hearty flavor of the simple food. Recipes included.

## **Book Information**

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## **Customer Reviews**

I had previously known Trevis Gleason only as the popular blogger at Life With Multiple Sclerosis. Within the constraints of this platform, he dispenses his wisdom, humor, and charm in 500 word snippets. But in Chef Interrupted Trevis throws off the shackles of forced brevity and reveals his considerable storytelling acumen. When Trevis sent me, a fellow MS blogger, an advance copy, I devoured the book in no time at all. It's a delightful read for anyone who longs to find meaning by

going back to their roots, in this case his ancestral homeland of Ireland. In this memoir, Trevis expertly blends an array of themes into a seamless mosaic. His stories are about realizing the dream to become immersed in rural Ireland, if only for three months (in this book). It's about the connections he made with the people and with the land, and experiences he shared with folks from home who dropped in and out of his life, and his rented cottage, during that time. It's about a fondness for good food and drink, and a loyal, furry companion. And yes, it's about living a full life despite a debilitating disease. You'll think a little differently about multiple sclerosis and about the Emerald Isle after seeing them through Trevis's eyes.

The parts about dealing with MS were very interesting. There are recipes in the book which I enjoyed. The charm of Ireland comes through. The writing is more like reading a collection of letters than a well crafted book. Still I enjoyed seeing this country through the author's eyes.

This book might be about a man with multiple sclerosis but that's just the side story! It's really about living life fully and reaching for your dreams. It's a delightful read about Ireland, people, the joy of having a dog and a chef's passion for food. He also kindly shares recipes. It's a great read for any and all. I felt so sad when the book ended. I hope Trevis writes another one soon.

I'm almost done with this book and I like it. He even includes some very authentic recipes that I am wanting to try. But I love most the author's descriptions of the quaint life he has chosen and the virtues of turning off the madness of the world in search of a simpler time. Sometimes he gets too heavy into the Irish way of phrasing things and it's difficult to follow. But it all lends to the charm of his experiences.

I, too, live in the Pacific Northwest, my wife has family in Ireland, and she was diagnosed with MS 10 months ago...and we love good food. Gleason's book gives great insight into the challenges of living with this condition, but also demonstrates that, though it changes your life's journey, it is not a dead end. His playful interchange of high and crude language and his wonderful anecdotes of his time in rural Ireland show that his sense of humor and sarcasm is intact. The recipes look wonderful and I'll look forward to trying them on a cold, rainy Northwest Saturday. Note to the publisher: Hire an editor. For all its eloquence, the book is riddled with misspelled words. Who is proofing this stuff?

Brave, forthright, generous writing that gradually but surely became more poetic and poignant. A user's manual for the uninvited beast that is multiple sclerosis. Plus yummy recipes and shaggy dog stories! Please keep writing, Mr. Gleason.

I have been a fan of Trevis since my early dx in 2005. Found him on a monthly radio-type call in talk show, through the Computer. I here in NJ and he on the Northwest coast. His show was so interesting and educational, I considered him my first mentor in MS. Glad that I was finally able to get his book in Kindle version, as I really need White on Black background to see better. Also of Irish decent, I will never visit the home of my ancestors, but enjoyed taking a vicarious trip with him and all his adventures. Unlike Trevis, my faith is strong, and my dogs have taught me what His "unconditional love" means..as it has always escaped my understanding in humanity. good, engaging read - Loved the book Trevis! I know you're a good soul, because you're obviously "Dog Approved"!

Enjoyable ride with the chef in his travels and travails in Ireland. I like that he stayed positive during some annoying circumstances. I was going to finish the book now but I will read the 2nd half when I visit Ireland in September.

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